



## Sandy VFW Post & Aux

38452 Proctor Blvd

Sandy OR 97055

503-668-5211

“First to serve our Veterans”

The Buckboard Bulletin

[VFW4273.ORG](http://VFW4273.ORG)

March 2012

### POST COMMANDER'S COMMENTS

Greetings to all.

Mid winter VOD and PP was just held in Wilsonville. It was my first chance to attend and it won't be my last. The quality of speeches by our young adults gives true meaning to the high level of learning they receive at their own schools. Hoo Rah for our students. I rate it as one of our best bang for the buck that we have all year.

If you haven't paid your yearly dues or know of any one who needs to, now is the time to do so. We still have time for our post to meet or exceed our 100% goal.

It's getting that time of year where we need to start thinking about electing new officers for next year. Now is a great time for our members to step up and get involved. The VFW post is in great need of a Chaplin and Jr. Vice. Anyone of you who our interested please contact Cmdr. Terry Boyer by calling 503-319-8854.

We have some great dinners planned for the next four months and we would greatly appreciate all the support we can get from our members.

We have a long time life member Mr. Chuck Lutz in hospice care at his daughters home in Bend. Chuck has helped our post in many ways and is a friend to all. Our prayers go out to him and his family. Another life member Don Nesheim passed away in January. He will be greatly missed by all his friends at the Sandy post of the VFW. Our thoughts and prayers go out to his family during their time of sorrow.

Once again, please help with our membership drive.

If you know of a veteran in need, please have them contact Portland Vet Center at [www.vetcenter.va.gov](http://www.vetcenter.va.gov) or call 503-688-5361 in Portland.

Please remember, All gave some, Some gave all.

Your VFW post Cmdr.

Terry E. Boyer

### February Calendar

Every Day	Canteen Menu (Except Monday)
Every Mon	Canteen Closed
Every Tues.	Domino night
Every Wed.	Taco and Poker Night—5pm
Every Sat.	Tailgate Party

Mar 4	Ladies Breakfast and Bingo 10am
Mar 9	Auxiliary Mtg 6:45pm
Mar 11	Breakfast and Bingo 10am
Mar 16	Post Mtg 6pm
Mar 17	St Patrick's Day Dinner 5—8pm
Mar 18	Breakfast and Bingo 10am
Mar 18	Youth Group Meeting 12:30pm
Mar 25	Breakfast and Bingo 10am
Mar 31	Fajitas 5—8pm
Apr 29	Engblom Dinner

### Ladies Auxiliary President's Message

Our reporting year is coming to a close. I am very proud and grateful for all of the work that this Auxiliary has done. Please, if you have any time, mileage or money that you have not reported do so as soon as possible. I take legible scraps of paper, report forms or phone calls. I will be sending in our year end reports on April 5th and they are to include all activity through March 31st.

Our next meeting, on Friday, March 9th will include the election of next year's Auxiliary officers. This is a very important meeting so please plan on attending. If you are interested in serving as an officer, please let me know. Officers will be installed during our April meeting.

I want to thank Jennell, Loretta, Roni and Robin for taking over our Youth Group this month. I know that Debbie really appreciated their help. The kids (and adults) were able to make 47 cards to send in care packages for Operation Gratitude. That is amazing, good job! I also want to thank Jim Mitchell for conducting the patriotic lesson. The next Youth Group meeting will be on Sunday, March 18th, 12:30 – 2:30. The plan is to have them make Easter favors for the veterans at Cascadia. We would also like to have the kids hand these treats out if possible.

I also want to thank the Baking Group for sending 134 dozen cookies to my son, Brad, who is currently serving our country in Afghanistan. He is anxiously awaiting their arrival. He plans on sharing with the other service men and women at Camp Leatherneck. Thank you so much.

We were also able to send 21 boxes of quality used clothing to Roseburg and White City this past month. I want to thank Bert and Jackie for delivering many of those boxes. The hospitals are very grateful for these donations, so keep them coming in.

District 15 will hold its spring meeting on May 5th and we will be hosting that meeting. This is a great fund raising opportunity, so if you would like to donate something for a raffle it would be wonderful.

Jean Bettencourt

VFW Ladies Auxiliary President

503-663-0510

**Post Membership**

We are currently at 92% of our membership from last year. We need to get to 100% +. So if you are not current with you 2012 membership please come by the Post or mail you dues (\$26.00) to VFW Post 4273 P.O. box 404 Sandy, Or 97055. And if you know of a friend or neighbor who is eligble please bring them by the post to sign up. The more members we have the stronger our voice and the more help we have to aid our fellow comrades in need. Thanks to all of you who are giving up your time, making phone calls, knocking on doors and sending out E-mails to help get our membership to 100%. We're almost there. Keep up the good work. Thanks again.

Merle Stewart  
S r. Vices

**Cancer Chairman**

Once again we will be having our BLUEBERRY PANCAKE, BACON & EGGS BREAKFAST on Sunday March 4th, 10.00 A.M. till 12 noon. Breakfast will be \$5.00. Bingo will start at 12;30. We will also be having raffle, tickets will be \$1.00 each or 6 for \$5.00

March is Colorectal Cancer Awareness Month;

Colon cancer almost always starts with a polyp. Testing can save lives by finding polyps before they become cancer. If pre-cancerous polyps are removed, colon cancer can be prevented. Eating a low-fat diet that is rich in fruits and vegetables may also make you less likely to have this cancer.

HAPPY ST. PATCRICK'S DAY

Voriece, Cancer Chairman

**The Auxiliary Chaplain**

**Judy Gascon**

**503 668 3748**

Our dear Sister Mary Page passed away at home Feb., 4th. She was a homemaker and a hunter. Her husband, Glenn, preceded her. They were longtime residents of Sandy. The memorial was held at the post on Feb. 11th.

Birdie and Al Foust are home now from an extended stay with their son in Washington due to illness. Birdie has been on constant oxygen, but now can go without during the day. Al has recovered from pneumonia and both are feeling better. They have outside help with the housework now.

Nancy Davis had a fall after her knee surgery in Feb. and is now in a rehabilitation facility.

Judy Gascon

Auxiliary Chaplain

503-668-3748

Newsletter articles are due MAR. 20 for the April. Newsletter.  
Contact your editor at:  
[admin@vfw4273.org](mailto:admin@vfw4273.org)

[VFW4273.ORG](http://VFW4273.ORG)

If you would like to receive this newsletter via E-Mail, please send your E-Mail address to:

[admin@vfw4273.org](mailto:admin@vfw4273.org)



**Post Officers**

**Ladies Auxiliary Officers**

Commander	Terry Boyer	President	Jean Bettencourt
Senior Vice Commander	Merle Stewart	Sr. Vice President	Dora Fitzpatrick
Junior Vice Commander	Glenn Yeager	Jr. Vice President	Jennell Mitchell
Chaplain	Melissa Samels	Treasurer	Jackie Key
Quartermaster	Bill Miller	Chaplain	Judy Gascon
Judge Advocate	John Lamb	Secretary	Debra Glenzer
Adjutant	Brad Parkinson	Guard	Helene Hawkins
Surgeon	Dan Copher	Conductress	Jewel Lamb

**HELP US SAVE MONEY**

If your Post Newsletter is delivered by the U.S. Post Office, but you have an E-mail address, please let us know. It costs the Post over \$160.00 per month for labels, printing and mailing the Newsletter, plus the time it takes to fold, label, address and prepare them for mailing. You can help cut these costs by having your Newsletter delivered to your E-mail address. Stop by the Post and give us your email address or E-mail Chris Wilson at [admin@vfw4273.org](mailto:admin@vfw4273.org) and give him your updated E-mail address. Thank you for helping to keep the focus and dollars on veterans and veterans' families assistance.

Merle Stewart Sr. Vice

Did you know that Janice Raisl, Clackamas County Veteran Service Officer, comes to our community on the third Thursday of most months? You can visit with her at the VFW Hall, from 10 AM to 12 PM, each month, generally the third Thursday. No appointments are necessary, just drop in.

Please note: this schedule is interrupted sometimes in April and October because all state veteran service officers are required to attend a training twice a year and it frequently falls during the third week of the month. Watch the Post Newsletter for notice of changes during those months. While she's here, she can answer your questions about your entitlement to VA benefits, including using the VA for your health care needs. She can help you file a new claim with the VA or work with you on an existing claim or appeal. When necessary, she can offer you referral to appropriate resources. If you have questions about your entitlement to VA benefits or VA health care, please stop by the VFW Hall during one of her visits.

This is a free service to county residents to assist veterans and their eligible dependents in filing for, advocating for, and obtaining federal VA entitlements and other pertinent ancillary benefits. Please also feel free to come by to get acquainted or to ask questions. If you're unable to come in during her visit to Sandy, please contact her at the County Veteran Service Office at 503-655-8796 or 503-650-5631.

In March she will be here on the 2nd Thursday.

On March 6th, the Small Business Development Center is starting its highly recognized Small Business Greenhouse Program. This 16 week class is a flagship course for anyone wanting to start a business, has started a business but needs the foundation to move forward, or for the person who has always had an idea about a business and does not know where to start. The Greenhouse program has been the driving force behind multiple successful business start ups and is considered to be the best learning investment for budding entrepreneurs in the Portland Metropolitan area.

In addition to the weekly 3 hour class (6:30 – 9:30 pm Tuesday), each class participant has the option for 2 hours of counseling a month. Counseling sessions are specific to the individual business, and are considered to be as valuable as class participation.

Enclosed is a flyer on the class that gives you all the details of this course content, tuition, schedule and comments from previous students.

The normal fee for the 16-week program and counseling sessions is \$495. However, because of your Veterans status, the fee is \$150.

The Greenhouse instructor is Rob Campbell. Rob is a Viet Nam combat Vet and has extensive experience with large, small, and start-up companies. For more information contact Myrna at 503-594-0738, email: [mrattle@clackamas.edu](mailto:mrattle@clackamas.edu).

We encourage you to think of anyone in your family, business contacts, or friends that may also benefit from this opportunity.

Sincerely,

Tim Shea, Director

Clackamas Community College

Small Business Development Center

7736 SE Harmony Rd., Milwaukie, OR 97222

(503) 594-0738 – phone

(503) 594-0726 – fax

Email: [mrattle@clackamas.edu](mailto:mrattle@clackamas.edu)

**Benchleg Taxidermy**



13160 SE Bobby Bruce Lane  
Boring, OR 97009  
503.819.0591  
503.663.1020  
[matthewkubitz@yahoo.com](mailto:matthewkubitz@yahoo.com)  
[www.benchlegtaxidermy.com](http://www.benchlegtaxidermy.com)

**Matthew Kubitz**  
Taxidermist



**17475 Beers Avenue**  
**Sandy Oregon**  
**Next door to VFW Post**

# Canteen Corner

I would first like to thank everyone for their support in making my transition from Assistant Manager to Bar Manager an easy one. Thank you for all your support, kind words and Ada girl, you are all very special to me and I look forward to many more days with all of you!

Mr. Copher (aka Chopper) thank you, thank you, for all your help and assistance with everything, I so appreciate it very much!

On to our upcoming events. Over the next few months and we are working on trying some new and hopefully wonderful things for you my wonderful customers and vets of the VFW Post 4273.

The Canteen will be providing dinner for our Woman's Auxiliary meeting night and on the Post meeting night. There will not be a dinner on March 16th post meeting night due to our dinner coming up

on the 17th of March, but it will resume for the April meeting. If you have any great suggestions of what you might like on those nights please let me or our other wonderful Senior Bartender Fawnda know.

Thank you to Commander Terry Boyer, Dan Vaughn and Gary Lightcap for putting on a great breakfast and Bingo on the 19th of February. Whoop Whoop Ada Boys!

We had a great turn out for Tim Wilson's "Kick Ass Brisket Dinner" on the 24th of February. Thank you to all who assisted with making it a great night!

March 5th will begin with a Breakfast and Bingo hosted by our very own Voriece Blair and Company, so lets make sure we all show up and support her and remember Bingo begins at 12:30 and we will be having "Bloody Mary Special".

March 11th Mr. Bradley Dean Parkinson and Company will be hosting the Breakfast and Bingo, come join us for a fun filled Sunday with a new cook. Not sure what he will be whipping up yet but I am sure that it will be a great breakfast!

March 18th and March 25th Mrs. Loretta Wilson and Company will be hosting the Breakfast and Bingo, I am sure with the help of her wonderful husband Mr. Tim Wilson! Surprise Mr. Wilson!!! lol. It will be a good time had by all!!

March 17th will bring our Saint Patrick's Day dinner. Tim Wilson, Commander Terry Boyer and your all so wonderful "Queeny Bartender" Pamela will be hosting this event. Corn Beef, cabbage, red potatoes and a great Veggie, and all the green beer you can drink. So come and join us for a fun filled "Saint Patties Day" dinner from 5-8 pm.

March 31st, Tim Wilson and Company will cooking up Fajita's from 5-8 pm. Our drink of the evening will be "Margarita's", Sound Yummy??? Come join us!!

We have a great Bar Menu:

Halibut Fish & Chips	\$5.50
Chicken Strips & Fries	\$4.50
Hamburger & Fries	\$4.50
Cheeseburger & Fries	\$5.00
French Fries	\$2.50

Our new hours are from 2-7 Tuesday through Sunday, if you are there and having fun we always remain open. If we have a Breakfast and Bingo on Sunday then we are open at 10 am.

On a not so happy note one of our Life Members Mr. Chuck Lutz has taken a turn for the worst, please keep Chuck and his family in your thoughts and Prayers. We Miss you Chuck and all love you dearly!

Thank you to all again, you all know who you are, your support means a lot to me!

Look for more to come from the "Post 4273 Canteen Corner"!

Pamela

Your friendly Bartender

## VA News

WASHINGTON – Veterans enrolled in the health care system of the Department of Veterans Affairs have begun to receive personalized booklets that explain their health care benefits and contain other useful information.

"VA is committed to providing our Nation's Veterans with consistent, clear information about the services available to them," said Secretary of Veterans Affairs Eric K. Shinseki.

The new booklet, called a Health Benefits Handbook, will provide a personalized listing of health benefits based on each Veteran's specific eligibility. The handbook will also have contact information for their local VA medical facilities, appointment scheduling information, guidelines for communicating with their clinical team and, as applicable, information about copays.

Distribution of the handbooks began this month, with all 8.5 million Veterans enrolled in VA's health care system scheduled to receive their handbooks by 2013. Veterans will receive updates to their handbook to reflect changes to their benefits or eligibility.

VA operates 152 medical centers and more than 800 community-based outpatient clinics. Last year, inpatient facilities treated more than 690,000 patients, while outpatient clinics registered more than 79 million visits.

For more information about the Health Benefits Handbook, visit [www.va.gov/healthbenefits/vhbh](http://www.va.gov/healthbenefits/vhbh) or call VA's toll-free number at 1-877-222-VETS (8387).

### VA Health Care Benefits

VA operates the nation's largest integrated health care system with more than 1,400 sites of care, including hospitals, community clinics, community living centers, domiciliary, readjustment counseling centers, and various other facilities. For additional information on VA health care, visit: [www.va.gov/health](http://www.va.gov/health).

### Basic Eligibility

A person who served in the active military, naval, or air service and who was discharged or released under conditions other than dishonorable may qualify for VA health care benefits. Reservists and National Guard members may also qualify for VA health care benefits if they were called to active duty (other than for training only) by a Federal order and completed the full period for which they were called or ordered to active duty.

**Minimum Duty Requirements:** Veterans who enlisted after Sept. 7, 1980, or who entered active duty after Oct. 16, 1981, must have served 24 continuous months or the full period for which they were called to active duty in order to be eligible. This minimum duty requirement may not apply to veterans discharged for hardship, early out or a disability incurred or aggravated in the line of duty.

## VetJobs Virtual Career Fair Is Now Live!

Pre-register by visiting [VetJobs.com](http://VetJobs.com)

February 24, 2012

The VetJobs Virtual Career Fair is now live for transitioning military, National Guard, Reserve, veterans and their family members to pre-register and to post their resumes prior to the official launch date of Thursday, March 1, 2012!

Pre-register now by visiting the VetJobs ([www.vetjobs.com](http://www.vetjobs.com)) Search Jobs page and click on the Virtual Career Fair banner!

VetJobs is in the process of loading employers and their job postings which will be available on Thursday, March 1.

Post your resume early and come back often to see the new employers and the jobs they have posted throughout the two weeks of the Virtual Career Fair, March 1 through March 15.

The participating employers will be downloading and reviewing resumes starting on March 1.

This is a great opportunity to get in front of employers who are specifically participating in this unique two week Virtual Career Fair event with the sole purpose of recruiting and hiring transitioning military, National Guard, Reserve, veterans and their family members!

There is NO CHARGE for you to participate, but you may get a great job offer!

Do not delay. The participating employers have a high sense of urgency to hire for the job positions they are posting.

Please feel free to share the information about the VetJobs Virtual Career Fair with transitioning military, National Guard, Reserve and other veterans.

If you know of a company who should be participating, please send VetJobs the contact information at [info@vetjobs.com](mailto:info@vetjobs.com).



Daily Canteen Menu (Closed Monday)

Halibut Fish & Chips	\$5.50
Chicken Strips & Fries	\$4.50
Hamburger & Fries	\$4.50
Cheeseburger & Fries	\$5.00
French Fries	\$2.50

**Join Us for Post and  
Auxiliary meetings!**

**Post - 3/16/12 6pm**

**Ladies - 3/9/12 6:45pm**



**THE BUCKBOARD BULLETIN**  
Sandy VFW Post 4273  
P.O. Box 404 \* Sandy, OR 97055  
(503) 668-5211

Change Service Requested

**"Success is our Mission"**

Presorted Std.  
Non Profit Org.  
U.S. Postage  
**Paid**  
Sandy, OR  
Permit #45

STIHL SALES & SERVICE  
*"Service at it's best"*



**JIM BUREAU**  
Owner

503-668-4727 SHOP  
503-668-9181 FAX

Sandy, Oregon 97055

**GOMES  
CONSTRUCTION**

New Construction • Remodeling  
Jerry & Kaye Gomes



PO Box 1570  
Sandy, Oregon 97055-1570

Licence # 60873  
(503) 668-6127  
Fax (503) 668-9003

**JOHNSTON'S TAX SERVICE**

28424 SE HWY 212  
P O BOX 33  
BORING, OREGON 97009  
Phone: 503-663-3308  
Fax: 503-663-2938  
E-mail: DERA@TELEPORT.COM

**ALETA JOHNSTON**  
ENROLLED AGENT, LICENCED  
TAX CONSULTANT