

The Buckboard Bulletin

"First to serve our Veterans"

November 2009

COMMANDER'S COMMENTS

Comrades and Sisters,

November is a very busy month for us and we need a lot of help from you. Buddy Poppies, Thanksgiving Day Dinner, Breakfast/BINGO's, and a Texas Hold'em tournament are all on tap for this month. There is something for everyone to do. Just ask somebody, anybody, what you can do to help out.

Veterans Day is just around the corner. We will conduct a ceremony at the city mall next to the Sandy Historical Society at 11:00 am on that day, with a pot luck lunch at the post following. VFW National Surgeon General Dennis Guthrie will be our featured speaker.

Milwaukie High School is presenting their Remembering America's Heroes program on November 3 to show their appreciation for America's Veterans. It begins at 8:30 am and I strongly recommend you attend the event. You will not be disappointed. See the add on page 3 about the special event these young people are putting on for us at the Arlene Schnitzer Concert Hall on November 9th. This is a fundraiser for them, so try to attend, or donate to the cause.

Voriece Blair will be having a Cancer Fundraiser Spaghetti Dinner on November 7 at 6:00 pm in support of Cancer Aid and Research. Tickets are \$10 and are on sale at the Cantina. Get yours now and show your support for this worthy cause.

The Membership Committee is well under way, but is in need of more volunteers. Please see Jim Mitchell about helping out with this important job.

Remember to write down your community service hours and mileage and money donations on the nearest piece of paper and place it in the CSR mail box Al Faust has placed at the Cantina just below the TV. Ladies give your hours to President Loretta.

Thank you all for what you do for our precious veterans.

Bert Key, Commander

Ladies Auxiliary President's Message

Ladies,

We are gearing up for the holiday. On Thanksgiving Day Tim and I will be cook dinner at the post for everyone who would like to come. If you can provide a side dish or dessert we would appreciate it. This dinner is open to the public as well. The only requirement is that everyone needs to sign up beforehand. Dinner will be served from 2-5:00 pm.

Our Adopt A Family program is looking for a family to help out during the Holidays. If you know of anyone please contact me at 503-477-0546. We still need donations.

Sister Becky Ping has placed stuffed bears for sale at the Canteen to support the Leukemia and Lymphoma Foundation. They make great Christmas gifts in addition to supporting a good cause.

Please remember to pay your dues by December.

At the next meeting we will vote on changing our meeting day and time. The meeting will start promptly at 6:45 pm. Thank you for your support and I look forward to seeing you all at our meetings.

Loretta Wilson, President

November Calendar

November 1	Breakfast/BINGO Ladies 10:00 am
November 7	Voriece's Spaghetti Dinner 5-8:00 pm
November 8	Breakfast/BINGO Post 10:00 am
November 11	Veterans Day Ceremony 11:00 am House Committee Meeting 5:30 pm
November 13	Ladies Auxiliary Meeting 6:45 pm Post Meeting 8:00 pm
November 14	Men's Auxiliary Meeting 2:00 pm
November 15	Breakfast/BINGO Men's Aux 10:00 am
November 19	Veterans S.O. Janice Raisl 10-12:00
November 21	Texas Hold'em Tournament
November 22	Breakfast/BINGO 10:00 Becky Ping (AML)
November 26	Thanksgiving Day Dinner 2-5:00 pm

From Your Editor

Bert Key

Newsletter articles are due 21 November for the December Newsletter.

Contact your editor at:
bert.key@us.army.mil

The Bake and Sew Ladies are in need of donations of cotton material for their quilts and cookie ingredients. Contact Loretta Wilson for the details.

Buddy Poppies

I want to remind everyone how important the Buddy Poppy program is to our community. The program not only provides disabled veterans with jobs but additionally helps all the needy veterans in our area. It allows us to mingle with the community to help promote a positive image towards all veterans everywhere. So, let's get out there and show everyone what we are all about. Now is the time to sign up and volunteer. A sign up roster is located in the Canteen. Remember to log those service hours with the post community service officer so we can all get credit for our time. Please join me for an operations meeting at the post on November 1st at 3:00 pm to learn more about volunteer opportunities available the weekend of November 6,7,and 8. All are welcome to attend. If you cannot make it to the post feel free to give me a call anytime (971-219-1244) and we can discuss your ideas or concerns. Thank you for all the support everyone has shown me so far this year.

**Brian Gornick,
Junior Vice Commander**

The Post Chaplain

Melissa Samels

Our thoughts and prayers go out to the family of long time member Harold Kanable who passed away earlier this month.

As the holiday nears we need to think of not only our own family and friends, but we also need to remember our fellow comrades and neighbors. Some may be in need of someone just to talk to; some may be in need of a hot meal. No matter what the reason, let us get into the spirit of good will. Let us show our compassion and kindness for others by getting involved and helping others celebrate and show our comradeship during this holiday season.

I hope everyone has a great Thanksgiving Day Holiday.

God bless us all.

The Auxiliary Chaplain

Voriece Blair (503) 668-4237

Sisters,

Melissa Samels, Judy Gascon and I have been going to Avamere every two weeks to visit with the veterans. If anyone would like to go with us just let us know and we would love to have you. Charter Member Enola Roper is there and we visit with her each time we go.

Our condolences to Chris Boppre and Sherry Lawson on the loss of their brother.

Helen Lambert is recovering from surgery as her husband Don prepares to go in for an operation. Our prayers go out to them for a speedy recovery.

We are glad to hear Loretta Wilson has recovered from the Swine Flu. We have a lot of members with the flu. Please remember to get your flu shots.

God Bless you.

**HAVE YOU PAID YOUR 2010 DUES?
PLEASE PAY NOW AND HELP YOUR POST & AUXILIARIES
MAKE 100%**

VA SUICIDE HOT LINE— Telephone: 1-800-273-TALK
Website: www.suicidepreventionlifeline.com
DOD Defense Centers PSYC health: Telephone: 1-866-966-1020
E-Mail: resources@dcoeoutreach.org

Post Officers	2009-2010	Auxiliary Officers	
Commander	Bert Key	President	Loretta Wilson
Senior Vice Commander	Jim Mitchell	Sr. Vice President	Helene Hawkins
Junior Vice Commander	Brian Gornick	Jr. Vice President	Janet Misner
Chaplain	Melissa Samels	Treasurer	Jackie Key
Quartermaster	Red Davis	Chaplain	Voriece Blair
Judge Advocate	John Lamb	Secretary	Joy Helfrich
Adjutant	Glenn Yeager	Guard	Kit Spitzengel
Surgeon	Sharkey Haider	Conductress	Dora Fitzpatrick

LOVE BOX FOR TROOPS:

This is an ongoing effort by the caring people at Prudential Real Estate. We are helping them collect items for the troops. Please place your donated items in the blue plastic bin located by the front door of the Cantina, and we will make sure it gets recorded and taken to Prudential. The following is a list of items the troops would appreciate: Razors, Books, DVD's, Cookies, coffee (Instant), Beef Jerky, Salted Peanuts, Trail Mix, Cup of Noodles (Just add water), Sunflower Seeds, Granola Bars, Breakfast Bars, Fruit Snacks, Chips and Crackers, Bean Dip (In a can), Canned Soup (pop open tops), Tuna (In the pouches), Tooth Brushes, Tooth Paste, Soap, Powdered Drink Mixes, Playing cards, Music CD's, Any junk food that ships well. Thank you. Todd and Anni

CANTEEN CORNER

Jolynn Johnson

The new menu has been doing great and starting this Fall we will also be adding soup to help keep us warm during the colder weather. Please keep in mind and join us for our Birthday Parties every month. Enjoy some cake and have some fun with our bowling video games on the big screen TV.

I would like to thank everyone for helping out and coming to the October Birthday Party. The turnout was great and everyone had a great time. Remember the birthday parties each month and come on out and wish your birthday comrades and sisters well.

Plans are in the works for a great Halloween Party on Saturday, October 31, at 7:00 pm. Bring finger foods. Get your costume ready! Thank you and see you at the Post!

We will be hosting a Texas Hold'em tournament in conjunction with the Sandy Kiwanians on November 21 beginning at 2:00 pm. Sign up now or on the 21st. The buy in is \$30. 1st Place will win \$300, 2nd place will win \$200, and 3rd place will win \$100. This is a fundraiser event for both the Kiwanians and us. So, in addition to the card game, there will be raffles and drawings for some really neat prizes. Everyone is asked to bring a pot luck dish to share. See you at the Post!

Ask yourself this question everyday!

What Have I Done To Help A Veteran Today?

HAVE YOU PAID YOUR 2010 DUES?

**Remembering America's Heroes
A TRIBUTE TO VETERANS**

A Musical Journey from the Revolutionary War on...

One Night Only!!

Monday, November 9, 2009

Arlene Schnitzer Concert Hall

Doors open at 7:00 pm

Show begins at 7:30 pm

To Purchase Tickets: Go on line—
www.pcpa.com

By phone call 503-248-4335

Support the students at MHS as they support us.

If you are an Army Veteran or the next-of-kin of an Army veteran, you may request a free set of authorized medals and decorations by sending a written request along with a copy of the DD 214 or other discharge papers to National Personnel Records Center, 9700 Page Avenue, St. Louis, MO 63132-5100. Or you can visit the National Personnel Records Center website at: <http://vetrecs.archives.gov>

SAVE CAMPBELLS FOOD LABELS

for the

VFW NATIONAL HOME FOR CHILDREN

NEW: If you know of a veteran with children under 18 years of age in need of help of any kind please give them this number:

National Home Hotline: 1-(800)-851-0238

Quote of the Month:

"Pacifism is a shifty doctrine under which a man accepts the benefits of the social group without being willing to pay, and claims a halo for his dishonesty."

Robert A. Heinlein

Join Us for Post and Auxiliary meetings!
Post & Ladies - 11/13/09
Men's Auxiliary - 11/14/09



THE BUCKBOARD BULLETIN
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