

The Buckboard Bulletin

"First to serve our Veterans"

October 2009

COMMANDER'S COMMENTS

Comrades and Sisters,

I hope everyone had a great Summer and are now ready to face the cooler weather of Fall.

I would like to thank Voriece Blair for all of the time and effort she put into a very successful Cancer Fundraiser Breakfast and BINGO. Her enthusiasm throughout the planning and implementing of this whole event carried the day. And I would like to thank all of you who helped her, and those of you who came out to the breakfast and participated in this very worthy cause. Together you were able to raise \$926 for the "Race for the Cure." It was a great total effort, but Voriece's enthusiasm was the key to our success. THANK YOU VORIECE!

She will be having a Cancer Fundraiser Spaghetti Dinner on November 7 in further support of Cancer Aid and Research. Tickets will be \$10 and they will go on sale at the Canteen on October 1. Get yours early.

Membership dues continue to come in but as of today there are many of you who have not returned your dues notices. Please send them in or hand carry them to the post. We need people to serve on the Membership Committee. Get on board and see Jim Mitchell about serving. Our goal is to be 110%. With your enthusiasm we can make it.

I want to thank Al Foust for his enthusiasm in getting the Community Service Reporting system up and operating. Now, the ball is in our court. Remember to write down your community service hours and mileage and money donations on the nearest piece of paper and place it in the CSR mail box Al has placed at the post.

Many thanks to Kaye Gomes, Jim Mitchell, Andy Best and the Young Marines for joining me in the classroom at Sandy Elementary School to teach Flag Education. You are were so well received by the students and teachers. Thank you all for what you do for our precious veterans.

Bert Key, Commander

Ladies Auxiliary President's Message

Ladies,

We are getting off to a slow start for the Winter months. I encourage all of you to try and attend our monthly meetings as your input is truly needed.

I have been asked to change our meeting night to Sunday afternoon at 3:15 pm to help those that have a problem with driving after dark. So I am giving you the thirty day notification to attend the November meeting to vote on the change.

Junior Vice Janet Misner and her husband Matt put on a successful Breakfast and BINGO and the proceeds will be going to buy shirts to sell as a fundraiser for Buddy Poppy. These shirts will be red and can be worn on Fridays to support our troops. I encourage all of you to buy a shirt. Call me about me about price and availability.

A reminder for those of you that have not paid your annual dues to please send them in as soon as possible.

We still need your Campbell Soup labels to help our national home. You can also save other labels as well. There is a list of those labels at the post.

Thank you for all you do. Loretta Wilson, Pres.

October Calendar

October 4	Breakfast/BINGO Ladies 10:00 am
October 7	House Committee Meeting 5:30 pm
October 9	Ladies Auxiliary Meeting 6:45 pm Post Meeting 8:00 pm
October 10	Men's Auxiliary Meeting 2:00 pm
October 11	Breakfast/BINGO Post 10:00 am
October 17	District Meeting in Molalla at noon
October 18	Breakfast/BINGO Bake 'n Sew Ladies 10:00 am
October 22	Veterans S.O. Janice Raisl 10-12:00
October 24	Post Birthday Party/Make a Difference Day
October 25	Breakfast/BINGO Buddy Poppies 10:00 am
October 31	Post Halloween Party 7:00 pm
November 7	Voriece's Spaghetti Dinner

From Your Editor

Bert Key

Newsletter articles are due 21 October for the November Newsletter.

Contact your editor at:
bert.key@us.army.mil

The Bake and Sew Ladies are in need of donations of cotton material for their quilts and cookie ingredients. Contact Loretta Wilson for the details.

Community Service Activities

Recently our Commander appointed me to chair this very important task. In the past few years Sandy Post and Auxiliary has been derelict in reporting Community Services and activities through channels. We have been lackadaisical in our commitment to our veterans and community. This impression will be turned around in 2009-10, where Sandy once again will be number 1 or at least in the top 3 in Oregon. Our competition is tough since some active posts submit weekly reports to the Department Chairman. The problem is your chairman cannot generate acceptable reports out of the air. Your post is in need of the membership to start placing their activity reports in the white city type mailbox in the canteen. The report does not have to be on the official format. Use a note pad, scrap of paper, back of an envelope. Just jot down your name and activity description or services rendered along with length of time. Also any out of pocket or other expenses and mileage accrued. Your input will be transcribed weekly on the VFW required format and transmitted to the Department Chairman for further action. FYI, reports must be sent to Department in a timely manner as he could have over 300 reports coming in monthly to collate and review. Also the Post and Auxiliary reports go to different Department Chairmen. The Men's Auxiliary are requested to submit their reports to the Post Chairman as well using the same forms and mailbox as the Post and Ladies Auxiliary. Thank you. Al Foust, Chairman

The Post Chaplain

Melissa Samels

Our thoughts and best wishes go out to Rich Spitzengel as he recovers from his recent stay in the hospital.

Everyone remember to get your annual checkups and encourage your family and friends to get theirs also. Use your birth month as a reminder for these checkups, and celebrate another year with good health. Children under 12 and adults over 50 are being advised to get the Swine Flu Shots when they become available in a few days.

If you know of any comrade or family member who is home bound and in need of a prayer or hospital visit, please call me. 503-668-4849

"Heal me oh lord and I shall be healed..." Jeremiah 17:14

The Auxiliary Chaplain

Voriece Blair (503) 668-4237

Sisters,

I have the sad task of sharing with you the news of the loss of one of our sisters. Bette J. Riley passed away on September 19, 2009. She was a long time member and a life member of our Auxiliary. Our heartfelt sympathies go out to her daughter Sharon Stark.

Cards were sent to Delores Jordan, Marquerite Inman, and Madeline Gagnon.

Doing good reports were received from Penny Edwards, Judith Gascon, and Helen Lambert.

Our sympathies go out to Todd and Anni Kruckenburg for the loss of Anni's mother.

May we all stay well as we enter this flu season. Remember to get your flu shot.

God Bless you.

**HAVE YOU PAID YOUR 2010 DUES?
 PLEASE PAY NOW AND HELP YOUR POST & AUXILIARIES
 MAKE 100%**

VA SUICIDE HOT LINE— Telephone: 1-800-273-TALK
 Website: www.suicidepreventionlifeline.com
 DOD Defense Centers PSYC health: Telephone: 1-866-966-1020
 E-Mail: resources@dcoeoutreach.org

Post Officers	2009-2010	Auxiliary Officers	
Commander	Bert Key	President	Loretta Wilson
Senior Vice Commander	Jim Mitchell	Sr. Vice President	Helene Hawkins
Junior Vice Commander	Brian Gornick	Jr. Vice President	Janet Misner
Chaplain	Melissa Samels	Treasurer	Jackie Key
Quartermaster	Red Davis	Chaplain	Voriece Blair
Judge Advocate	John Lamb	Secretary	Joy Helfrich
Adjutant	Glenn Yeager	Guard	Kit Spitzengel
Surgeon	Sharkey Haider	Conductress	Dora Fitzpatrick

FROM THE SANDBOX:

It is starting to get a little cold but I know it is going to get a lot colder. At night it feels like 65. It is even starting to rain. Winter kind of started one day with a brief sand storm that only lasted about 20 minutes but it rolled in like a thick wall of fog. It turned day into night and there was lots of thunder while we were in the sand storm. Other than the weather not much is changing. There is a Turkish Restaurant on base now and the food there is very good. It is not better than Olive Garden back home, but it is some of the best food on base. On base we also have Burger King, Pizza Hut, China Bun, and a Subway, but they never have lettuce or tomatoes. I will keep you updated when we start to do more stuff. Sgt Joe Thai, Post 4273

CANTEEN CORNER

Jolynn Johnson

I want to thank everyone for the kindness and support I have received since taking over as the Canteen Manager. I am very excited about getting activities and longer bar hours started this Fall. If we have not had a chance to meet yet, please come by and say hello. I am always happy to meet someone new!

The new menu has been doing great and starting this Fall we will also be adding soup to help keep us warm during the colder weather. Please keep in mind and join us for our Birthday Parties every month. Enjoy some cake and have some fun with our bowling video games on the big screen TV.

On September 19, Post 4248's Poker Run made their first stop at our Post Canteen. I would like to thank all who helped. Those who brought food include: Laura Baron, Janet Misner, Nancy Davis, Voriece Blair, Dora Fitzpatrick, Todd & Anni Kruckenburg, Joann LeDoux, Tim & Loretta Wilson, and Jackie Key. Special thanks to those who stayed and helped welcome our guests: Janet Misner, Tim Wilson, Jim Mitchell, Todd & Anni Kruckenburg, Bert & Jackie Key, Nancy Davis, and Voriece Blair. Thanks to great participation by Post 4248, the 50-50 Drawing for our Ladies Auxiliary's Cancer Aid and Research made \$130.50. Fun was had by all.

Plans are in the works for a great Halloween Party on Saturday, October 31, at 7:00 pm. Bring finger foods. Get your costume ready! Thank you and see you at the Post!

Ask yourself this question everyday!

What Have I Done To Help A Veteran Today?

HAVE YOU PAID YOUR 2010 DUES?

MAKE A DIFFERENCE DAY

Make a Difference Day, October 24, 2009— This is the most all-encompassing national day of helping others. Make a Difference Day, always held the 4th Saturday in October, is a celebration of neighbors helping neighbors. Anyone young or old, individuals and groups, can carry out a volunteer project to help others on this day. It might be as ambitious as collecting a truckload of clothing or food for the homeless or community pantry. It can be as personal as spending an afternoon helping one of our American heroes. Join your Post and Auxiliary in making a difference in our community on Saturday, October 24. More information will be available at our October meetings. Be sure to turn your hours into Al Foust or Loretta Wilson respectively.

Sisters, You are all invited to a **BABY SHOWER**

For Brier Chung on October 4 at 3:30 pm at Post 4273

Brier's Baby Boy's theme is forest and forest animals

SAVE CAMPBELLS FOOD LABELS

for the

VFW NATIONAL HOME FOR CHILDREN

NEW: If you know of a veteran with children under 18 years of age in need of help of any kind please give them this number:

National Home Hotline: 1-(800)-851-0238

Quote of the Month:

“Nothing great was ever achieved without enthusiasm.”

Ralph Waldo Emerson



Welcome FALL!

Join Us for Post and Auxiliary meetings!

Post & Ladies - 10/09/09

Men's Auxiliary - 10/10/09



THE BUCKBOARD BULLETIN
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P.O. Box 404 * Sandy, OR 97055
(503) 668-5211

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