



Sandy VFW Post & Aux

38452 Proctor Blvd

Sandy OR 97055

503-668-5211

“First to serve our Veterans”

The Buckboard Bulletin
VFW4273.ORG

November 2012

POST COMMANDER'S COMMENTS

It's that time of the year again when we need to begin working on our membership drive. Those of you who pay annually should pay your dues to current status. It's still just \$26.00 per year and will keep your membership valid until December 2013. Strength in numbers gives us more power in Washington D C to retain and gain new benefits for our fellow veterans.

We will be having a Veterans Day ceremony again this year to honor our past and present veterans. It will be held on Sunday November 11th at 11:00 at the Plaza across from The Sandy City Hall. A Pot-luck will follow at the Post canteen.

I hope you have been to the canteen to meet our new bartender, Amber. She is a great Addition along with Fawnda, and Pam, who we can't thank enough for the great job she does cooking and serving meals on the Posts and Ladies Aux. meeting nights. They are always delicious and well received.

Thanks to Jean Bettencourt and the ladies aux. for the funeral reception meal they provided Wed. and Thur. for our departed comrade Red Davis.

We have a new Post Service Office, Gary Lightcap and Chaplin, Larry Godfredsen. Thanks to both of you for stepping up to help the Post. We are still in need of a Junior Vice Commander and Adjutant.

Buddy Poppy sign-up sheets are up at the canteen for selected dates in November. Please come in and sign up for a shift. Thanks

Our next meeting will be Friday November 16th at 6:00. Please try to attend as we have lots of issues to discuss and vote on.

Honor your Sacrifice

Merle Stewart ; Commander

November Calendar

Every Day	Canteen Menu (Except Monday)
Every Mon	Canteen Closed
Every Tues.	Domino night
Every Wed.	Taco and Poker Night—5pm
Nov 2	Halloween/Costume Party
Nov 4	Auxiliary Breakfast 10-12
Nov 10	USMC Birthday Dinner 6pm
Nov 11	Veterans Day Ceremony 11am Potluck after.
Nov 16	Post Meeting 6pm
Nov 18	Post Breakfast 10-12
Nov 22	Thanksgiving Day—Post Closed
Nov 29	Natl Aux President Luncheon
Nov 29	Sellwood Dinner—RSVP by Nov 10

Ladies Auxiliary President's Message

I want to thank all of you who have helped with events this past month. There has been so much help coming forward, I hope I don't forget anyone. If I do, please forgive me.

Thank you Voriece for the planning and execution of a very successful Cancer Aid and Research breakfast and bingo event. Wanda flipped pancakes, while the Domestic Diva, Jackie, took charge of cleanup and Bingo. Ronnie did a great job of selling raffle tickets.

We unfortunately lost our Comrade, Red Davis this past month. Our funeral committee, which includes, Voriece and Dora did another outstanding job at hosting not just one, but two gatherings for Red's family and friends. They had the help of Kay, Betty, Joann, Lois, Jackie and Susan, along with food contributions from many. Thanks to all of you who contributed time, food and energy for the Davis family, I know that they appreciated it very much.

I also want to send out sympathy and prayers to Aleta Johnston, whose husband Bob passed away this past month.

Now I will ask for more help for upcoming events in November. I hope the response is great because we need everyone to be involved in service to our honored veterans.

We have Buddy Poppy sales that need volunteers for the week before Veterans Day. Signup sheets are at the Post by the Shuffle Board table. Please be generous with your time ladies. Remember we get one half of the money raised for our relief fund.

We will have a Veterans Day ceremony on Sunday, Nov. 11th at 11:00am. The ceremony will be held at the plaza and will be followed by a potluck at the post. The post is going to provide chicken for the potluck and the rest of the meal will be provided by all of us. So, please join us for the ceremony and meal to follow.

Finally, our National Auxiliary President will be visiting our Post on Thurs., Nov. 29th for a tea luncheon. She wants to meet as many of you as possible so please mark your calendars and plan on attending. We will need help with cleaning, decorating, food preparation and serving for this event. Jackie is the chairperson for this committee so please offer her as much help as possible. The Sellwood Breakthrough Post is hosting a dinner that same evening. They are serving pork or chicken and the dinner is \$10. A RSVP is required before Nov. 10th. If you want to go, please let me know as soon as possible.

Thank you again.

JEAN BETTENCOURT,
AUXILIARY PRESIDENT
503-663-0510

Cancer Aid & Research

Thank you everyone that helped with the Blueberry Pancake Breakfast, Raffle, Bingo, and the Pink Store. We raised \$320.50 for Cancer Aid & Research. Great job, well done. Thank you to those that donated prizes for the raffle, they were: Wanda Micheal, Josh Hardin, Heather Audas, and Marilyn Waugh.

November is PANCREATIC CANCER AWARENESS MONTH

Cancer of the pancreas generally occurs without symptoms until it is in advanced stages. If a cancer develops in an area of the pancreas near the common bile duct, its blockage may lead to jaundice {a noticeable yellowing of the skin due to pigment accumulation}. Sometimes this symptom allows the tumor to be diagnosed at an early stage.

At the present, only biopsy yields a certain diagnosis, and because of the "silent" course of the disease, the need for biopsy is likely to be obvious only after the disease has advanced.

Very little is known about what causes the disease or how to prevent it. Risk increases with age, and smoking is a risk factor. Incidence rates are more than twice as high for smokers as for nonsmokers. Pancreatic cancer rates are higher in countries whose populations eat a diet high in fat.

Surgery, radiation therapy, and chemotherapy are treatment options that can extend survival and/or relieve symptoms in many patients but are not likely to produce a cure for most. Clinical trails with several new agents may offer improved survival and should be considered an option.

HAVE A WONDERFUL MONTH

Voriece

Cancer Aid & Research Chairman

The Auxiliary Chaplain

Judy Gascon 503 668 3748

Red Davis tragically passed away Oct. 11th after falling off a ladder the day before. His pelvis was crushed and he was rushed to OHSU. He and his wife Nancy were preparing for a trip. Nancy is one of our dear cookie ladies. Our deepest sympathy to Nancy and their family.

Florence Abbott, a longtime member, passed away Sept. 22nd. She had been living with her son and daughter-in-law, Jim and Kathy Fish. Our sympathies to her family.

Mary Boyer, wife of our commander, Terry Boyer, received surprising news of a large tumor on one of her kidneys. She has had no pain or symptoms. Her surgery is scheduled Oct. 29th at Providence Hospital. We are all hoping and praying for a successful outcome.

Stacie Long, Dan Copher's daughter, had surgery Oct. 15th for blocked arteries. She was released Oct. 19th and is doing fine. She is staying with her dad and Dora Fitzpatrick, our senior vice president.

Karen Backney, Penny Edwards daughter, fell and broke two bones in her leg. We wish her a speedy recovery.

Aleta Johnston's husband, Bob, passed away Oct. 16th. Aleta is one of our Auxiliary's life time member's. Our sympathies to Aleta and family.

JUDY GASCON, AUXILIARY CHAPLAIN

Newsletter articles are due
Nov. 20 for the
Dec. Newsletter.
Contact your editor at:
admin@vfw4273.org
VFW4273.ORG

Post Officers	2012—2013	Ladies Auxiliary Officers
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Commander	Merle Stewert	President	Jean Bettencourt
Senior Vice Cmdr	Charles Scantling	Sr. Vice President	Dora Fitzpatrick
Junior Vice Cmdr	Vacant	Jr. Vice President	Wanda Ichaels
Chaplain	Vacant	Treasurer	Sherlyn Carter
Quartermaster	William Miller	Chaplain	Judy Gascon
Judge Advocate	John Lamb	Secretary	Kay Gomes
Adjutant	Vacant	Guard	Midge Wadkins
Surgeon	Vacant	Conductress	Voriece Blair

Our Post needs your help

A. Service Officer Assistants: Help fellow Vets fill out Government forms to gain needed benefits.

Skills Needed: 1. Ability to fill out Government. forms. 2. Desire to help fellow Vets who are in need.

B. Quartermaster Assistants: Organize membership data: name address. etc. for newsletter and other forms of communication.

Skills Needed. 1. Be detail oriented. 2. Be computer literate. 3. Have a desire to help our Post communicate with it's membership.

C. Cooks and Kitchen Helpers: Prepare and serve a meal for Post dinners.

Skills Needed: 1. Ability to prepare a complete meal for 40 to 50 Post members & friends.

For more information please E-mail: Quartermaster.vfwpost4273@frontier.com

Thank You, Bill

Canteen Corner

People, People, People, I want to see people!! You know who you are and so do I! I have missed seeing all of you while you have been on your adventures during the summer.

Summer appears to be over, Fall and Winter seem to be upon us. Stop by the Canteen and let us dazzle you with our smiles, brighten your day and warm you with a hot drink.

November is going to be a busy month Whoo Hoo!!!!

November 2nd begins the month with our Halloween/Costume Party. Don't Forget to dress up!

November 4th Auxiliary will be cooking breakfast from 10-12, House Committee will meet at Noon upstairs.

November 9th Auxiliary meeting @ 6pm, I will start serving Dinner @ 5pm.

November 10th Marine Corp Birthday! Mr. Wilson will be cooking Brisket, Ribs, and so much more! Come in and join us and Celebrate the Marines Birthday!!! We will have a grand time! "Chow begins at 6 pm"!

November 11th "Veterans Day" There will be a Ceremony at the Plaza @ 11:00 am and the Pot luck will follow at the Sandy VFW Post 4273 around 12:00 pm.

**"Where Would We Be If Not For Our Veterans"
"FREEDOM ISN'T FREE"**

November 16th Post meeting @ 6pm, I will start serving dinner @ 5pm.

November 18th Post Breakfast 10-12,

November 22nd Thanksgiving Day, the Post will be Closed.

Thanksgiving, a day to be thankful for your Family and Friends! Remember let each of them know how thankful you are for them!!

I am Thankful for all of you it is a great pleasure to have met all of you and get to know all of you!!!

Thank you for your service You are all appreciated!!!! Your Bartender Pamela

Benchleg Taxidermy



Matthew Kubitz
Taxidermist

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ALETA JOHNSTON
ENROLLED AGENT, LICENCED
TAX CONSULTANT

Daily Canteen Menu (Closed Monday)

Halibut Fish & Chips	\$5.50
Chicken Strips & Fries	\$4.50
Hamburger & Fries	\$4.50
Cheeseburger & Fries	\$5.00
French Fries	\$2.50

**Join Us for Post and
Auxiliary meetings!**

Post - 11/16/12 6pm

Ladies - 11/9/12 6pm



THE BUCKBOARD BULLETIN
Sandy VFW Post 4273
P.O. Box 404 * Sandy, OR 97055
(503) 668-5211

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***** Important *****

Until further notice, **NO** parking in
The Taco Time parking lot.

Vehicles might be towed.