



Sandy VFW Post & Aux

38452 Proctor Blvd

Sandy OR 97055

503-668-5211

“First to serve our Veterans”

The Buckboard Bulletin

VFW4273.ORG

November, 2013

POST COMMANDER'S COMMENTS

Greetings to all: We have a lot of information to share with all of you . District meeting was held on Sept 28th.

Many things were discussed.

Mid winter state meeting will be held on 25th of January, Which is a Saturday. The annual awards banquet for State VOD/PP and Teacher of the Year will be held the same night.

Our western conference will be held Oct 31st thru Nov3, Please try to attend. Everyone is welcome.

This year our state convention will be held the 5th thru the 7th of June. This year it will be held at Seven Feathers in Canyonville. That's not very far for those who would like to attend.

At our last post meeting it was determined that the commander should keep a log book for all volunteer hours. And if you meet the criteria you will be rewarded. See Quartermaster for details. This is a great way for you to advance your membership and help your post at the same time.

This brings up membership again...If your membership is due or getting close, now is the time to renew, before your dues go up. As of January 1, 2014. dues will increase \$10.00

Lets not forget Veterans Day. Celebration will be at the town square at 11:00 , Monday the 11th of November. Potluck will be at the post following the celebration. Attending will show you honor our veterans.

On November 2nd, we are having a Stuffed Pepper Dinner. This includes “Hucks Garlic Potatoes” witch are amazing. Dinner is hosted by Mary, Kit, Gary and myself. \$10.00 is a good price for this wonderful dinner. HOPE TO SEE YOU ALL THERE... REMEMBER!!!!

EVERY DOLLAR SPENT AT OUR CANTEEN KEEPS IT AFLOAT

All gave some'
Some gave all!

Your Commander,
Terry Boyer U.S.N

Ladies Auxiliary President's Message

I want to extend a warm welcome to our newest three members, Nancy Thiessen, Kailene Joens, and Tami Campbell. It is a pleasure to have you as Auxiliary sisters and we hope to see you around the post soon.

Voriece did another outstanding job with our latest Cancer Aid and Research breakfast. I really appreciate all of your hard work and also a big thanks to all of your helpers. My mom, Thelma Yount, made a beautiful pink afghan to be raffled off at mid-winter for CA&R also. You can get tickets now from Voriece for this raffle. Thanks Mom.

Kit has been working very hard to get our mailing and email lists for the newsletter updated. If you are still not getting your copy, please let me or Kit know. We hope to have all the bugs out very soon. Thank you so much Kit.

Jackie Key is working on getting us a troop to support for the holidays. Please give her all of your support as we get this new project off the ground.

We are still collecting food for the homeless veteran's. Anything that you are able to do for this effort is greatly appreciated.

Monday, Nov. 11th, is Veteran's Day. Our Post has asked for our support in celebrating this day. There will be a ceremony at the square in Sandy at 11:00AM followed by a POTLUCK at the Post. Please help us honor our veteran's by participating in these activities.

I you have not paid your dues, please do so as soon as possible.

Our next Auxiliary meeting will be at 6:00PM on Nov. 8th. Please plan on attending; we need your input and ideas.

JEAN BETTENCOURT, AUXILIARY PRESIDENT
503-663-0510

Post Commander's Volunteer log Book

To qualify for the benefit of having your dues paid for you must:

- A. work on projects that benefit and are approved by the commander.
- B. Submit a written report each month detailing days, hours and details of work.

The commander will keep and maintain a “Post Commander Log Book” This will contain the data from above.

1. when the members volunteer hours reach the desired amount, the commander will instruct the Quartermaster to pay the dues.

A.100 hours=one year dues c.1200= one level “legacy”

B.1200= life membership d. each additional 1200 hours=another level of “legacy”

**NOTE FROM VORIECE BLAIR,
THE CANCER CHAIRMAN**

We had a very successful breakfast, & bingo along with our raffle, selling of hats, and tootle toots we raised \$405.25 for cancer aid & research. We are now at the Silver level, we still have a little ways to reach Platinum witch is our goal of \$7.00 per member. The raffle for the QUILT & BASKET is still going on, be sure to stop by the post and get your tickets. Drawing will be Sunday October 20th.

We have our CAN & BOTTLE DRIVE so save your CANS & BOTTLES for Cancer Aid & Research, just bring them to the post or call me 503-668-4237 and I will pick them up

NOVEMBER: IS LUNG & PANCREATIC CANCER AWARENESS MONTH

Lung cancer starts when abnormal cells grow out of control in the lungs. Lung cancer and smoking often, but not always, go hand in hand. There usually are no signs or early symptoms of lung cancer. As lung cancer stages advance, lung cancer symptoms may include coughing, wheezing, shortness of breath, and bloody mucus. Treatment for lung cancer can include surgery, chemotherapy, and or radiation.

Pancreatic cancer is aggressive. There are usually few symptoms until the cancer is advanced. Symptoms include abdominal pain, weight loss, diarrhea, and jaundice. Treatments include surgery, chemotherapy, and radiation.

BE SURE TO GET YOUR CHECKUPS & KNOW YOUR BODY

Voice, Cancer Aid Research Chairman

**The Auxiliary Chaplain
JUDY GASCON,**

Millie Lenz was admitted to Mt. Hood Hospital for pneumonia. She is doing better and is now a permanent resident at Avamere, because she could not live alone in her own home anymore. Her son and daughter-in-law, Gary and Tracy, have been looking after her. Visitors would be welcome.

Laura Baron was scheduled for carpal tunnel surgery on the 15th of this month. Her cousin is here from Hawaii to help take care of her.

Jean Bettencourt, our President, had shoulder cuff repair surgery on Oct. 17th after a long time of being in pain. Recovery is expected to be 8 weeks with an immobilized right arm.

JUDY GASCON, AUXILIARY CHAPLAIN

503-668-3748

Post Chaplin

Our thoughts and prayers are with Charles Jordan, a life member, as he heals from his sickness. We wish him a speedy recovery.

**“For I will restore health unto thee...saith the Lord.
{Jeremiah 30:17}**

**Mellissa@ {503}-668-4849
E-Mail gareth2002@frontier.com**

Post Officers 2013—2014 Ladies Auxiliary Officers

Commander Terry Boyer
Senior Vice Cmdr. James Mitchell
Junior Vice Cmdr Tony Gibler
Chaplain Melissa Samels
Quartermaster William Miller
Judge Advocate John Lamb
Adjutant
Surgeon
1 year Trustee Merle Stewert
2 year Trustee Bert Key
3 year Trustee Ken Hershberger

President Jean Bettencourt
Sr. Vice President Dora Fitzpatrick
Jr. Vice President Wanda Michaels
Treasurer Midge Wadkins
Chaplain Judy Gascon
Secretary Kay Gomes
Guard Sardi Bowyer
Conductress Voriece Blair

Canteen Corner

First, I would like to say thank you to everyone who has helped with the news letter and its "issues." I wouldn't have been even close to the done part with out your help..

We have made several changes to the Post and it's actives. Most have been received very well. Although there are more changes to come, so far it has been going pretty smooth. And Suggestions are welcome... **Pro and College Football** is on the big screen every Saturday and Sunday staring at noon. We also open at 4:00pm for Monday night Football. Although, this will end soon if attendance continues to be low. So come in and spend your Monday evening with us. Monday is "all you can eat Spaghetti" too. \$5.00 is a good price. We have Drink specials. Game boards, and great fans...Come in and cheer on your favorite team.

We are now offering a **HOME COOKED DINNER** every Friday night. Serving 5:00pm till 8:00pm Come early, I've been selling out quickly. Price varies from \$ 5.00 to \$10.00. Call the post for the weeks menu . Our **Special dinner for the month is "stuffed peppers" this will be on the 2nd of November at 6:00pm** Kit, Mary, Terry and Gary. Will be performing there culinary skills. Dinner will be \$10.00. well worth the cost..

The Auxiliary will be kicking off the month with Breakfast, **November 3rd**, Kit is the Ring Master for this. It should be another great one. There will be a **House Meeting** at noon also on this day. The **Post breakfast is Nov 16**, with terry and Co. again at the helm.. Come on in and have a wonderful meal. Breakfast will begin serving at 10:00am, and there will be bar service .

Auxiliary Meeting November 8th and it begins at 6pm, Dinner starts at 5pm. **November 16th**, Post Meeting begins at 6pm, and of course dinner at 5pm.

Thursday Nights— WII Bowling... this is a blast to join in and to watch . It starts at 6:00 pm We have really been having a great time. If your not here , your missing it.

Friday Nights—After meetings and Dinner, Join in for the Karaoke. It could be the most fun you've had in a long time!!! And Terry Boyer has a pretty good voice.. **Saturday collage football**— We will have Surprise Drink Specials!! Come join us for a Good time. **Sunday NFL football and shuffleboard.**

Now did I tell you that somewhere in this news letter is a name of a member !. The first one to find it and let me know, **after Nov 1st**. will receive a drink chip.. Gary Lightcap , Informed me of where it could be found for the month of October.

A special class to teach e-mail , internet, Facebook and such is beginning this month. November 16th at 10:00 am. Please bring a laptop if you have one, and lots of note paper. A call to the post will insure there is room for you and your guest if so needed. This will be offered free of charge to all ages.

We are going to have a lot of fun trying out some new ideas. So come and join us . Lets have some fun!!!

I would also like to give a BIG "THANK YOU" to Jeremy Hubbard for his Garlic Potatoes for Friday night dinner.

And Clyde and Gary for all they do. To make my job easier. Thank you for your service You are all appreciated

Jimmie and her trusty two, Fawnda and Sherry

Quartermaster's Corner

Let the post pay your dues

All you have to due is work at the post or in our community doing things that benefit the Post and are approved by the Post Commander. Refer to " Post Commander's Volunteer Log Book" for details

Everyone has skills that can be used.

Below are a few areas that are most needed.

1. Clerical/Administrative
2. Fund raising
3. Meal Preparation: cooks, servers, & clean up
4. Media Communication
5. Book keeping
6. Building maintenance and repairs
7. Bartending
8. Helping veterans' and families
9. Recruiting new members

Newsletter articles

are due the 15th Dan Copher of every month.
Contact your editor at:

barmanager@frontier.com or

vfwnewsletter@vfw4273.org

POST MEMBERSHIP DUES

Please pay your annual dues now if you are a member who pays on a yearly basis. Dues will increase January 1, 2014 so you will **SAVE MONEY BY PAYING NOW** while it is still \$26 and you will be covered until December 31, 2014. You will also save the Post a lot of time and work in contacting over 200 members in the next two months. You may pay your dues by credit card, cash or check at the Post or by mail (VFW Post 4273, PO Box 404, Sandy OR 97055).

Thank you for doing your part to help the post.

Daily Canteen Menu			
Fried Chicken	\$9.00	Halibut Fish & Chips	\$6.50
Strips & Fries	\$6.50	Chicken Burger & Fries	\$6.00
Hamburger & Fries	\$5.50	Cheeseburger W/Fries	\$6.00
French Fries	\$2.50	Deep Fried Hotdog	\$2.00

Join Us for Post and Auxiliary meetings!
House Committee Mtg - 11/03/13 12pm
AUX - 11/11/ 2013 6pm
POST - 11/16/2013 6pm

Calendar	
Every Monday	Open at 4 pm for Football and Spaghetti
Every Tues.	Domino night/Game Night
Every Wed.	Taco's and more and Poker Night—5pm
Every Thurs.	WII Bowling starts at 6:00pm
Every Friday	Dinner 5pm and karaoke
Every Sat.	Collage football
Every Sun	Pro. Football Bingo and Shuffleboard



THE BUCKBOARD BULLETIN
 Sandy VFW Post 4273
 P.O. Box 404 * Sandy, OR 97055
 (503) 668-5211

-Return Service Request-

Presorted Std.
 Non Profit Org.
 U.S. Postage
Paid
 Sandy, OR
 Permit #45

"Success is our Mission"

Stuffed Pepper Dinner
Nov 2, 2013 6:00pm
Get your tickets now \$10.00

GOMES CONSTRUCTION
 New Construction • Remodeling
 Jerry & Kaye Gomes

PO Box 1570
 Sandy, Oregon 97055-1570

Licence # 60873
 (503) 668-6127
 Fax (503) 668-9003

JOHNSTON'S TAX SERVICE

28424 SE HWY 212
 P O BOX 33
 BORING, OREGON 97009

Phone: 503-663-3308
 Fax: 503-663-2938
 E-mail: DERA@TELEPORT.COM

ALETA JOHNSTON
 ENROLLED AGENT, LICENCED
 TAX CONSULTANT